

## Cascade Track and Field Calendar- 2019

<b>Date</b>	<b>Meet Name</b>	<b>Location</b>	<b>Field</b>	<b>Track</b>
Mon, Feb 25	First Day of Practice!	Cascade Gym, 2:45 PM		
Mon, Mar 4	Parent Meeting at 7:00 PM	Cascade Cafeteria		
<b>Thu, Mar 14</b>	<b>Everett- Mukilteo Jamboree</b>	<b>Everett Memorial Stadium</b>		
<b>Thu, Mar 21</b>	<b>GP &amp; Jackson @ Cascade</b>	<b>Everett Memorial Stadium</b>	<b>3:30 PM</b>	<b>3:45 PM</b>
<b>Thu, Mar 28</b>	<b>Cascade @ Lake Stevens</b>	<b>Lake Stevens HS</b>	<b>3:30 PM</b>	<b>3:30 PM</b>
Mon, Apr 1	Spring Break Practice- (4/1-4/5)	TBA	TBA	TBA
<i>Sat, Apr 6</i>	<i>Birger Solberg Invitational</i>	<i>Civic Stadium, Bellingham</i>	<i>10:00 AM</i>	<i>10:00 AM</i>
<b>Thu, Apr 11</b>	<b>E-W, Monroe @ Cascade</b>	<b>Everett Memorial Stadium</b>	<b>3:30 PM</b>	<b>3:45 PM</b>
<b>Thu, Apr 18</b>	<b>Cascade &amp; Kamiak @ Monroe</b>	<b>Monroe HS</b>	<b>3:30 PM</b>	<b>3:30 PM</b>
<i>Sat, Apr 20</i>	<i>NIKE Eason Invitational</i>	<i>Snohomish HS</i>		
<b>Thu, Apr 25</b>	<b>Cascade &amp; MLT @ Cedarcrest</b>	<b>Cedarcrest HS, Duvall</b>	<b>3:30 PM</b>	<b>3:30 PM</b>
<i>Sat, Apr 27</i>	<i>16th Annual Tomahawk Classic</i>	<i>Quil Ceda Stadium, Marysville</i>	<i>11:00 AM</i>	<i>11:15AM</i>
Tue, Apr 30	Freshman Championships	Monroe HS	3:30 PM	3:30 PM
<i>Fri, May 3</i>	<i>Everett SD Championships</i>	<i>Everett Memorial Stadium</i>	<i>5:00 PM</i>	<i>5:30 PM</i>
<i>Wed, May 8</i>	<i>WESCO 4A Champs- Day 1</i>	<i>Snohomish HS</i>		
<i>Fri, May 10</i>	<i>WESCO 4A Champs- Day 2</i>	<i>Snohomish HS</i>		
<i>Wed, May 15</i>	<i>3A/4A NW Dist. 1 Meet- Day1</i>	<i>Shoreline Stadium</i>	<i>3:00 PM</i>	<i>4:30 PM</i>
<i>Fri, May 17</i>	<i>3A/4A NW Dist. 1 Meet- Day 2</i>	<i>Shoreline Stadium</i>	<i>3:00 PM</i>	<i>4:30 PM</i>
<i>Thu, Fri, Sat, May 23, 24, 25</i>	<i>WIAA 2A, 3A, 4A State Meet</i>	<i>Mount Tahoma HS, Tacoma</i>		
<i>Sun, May 26</i>	<i>Hammer State Championships</i>	<i>TBA</i>		
<i>Fri, May 31 and Sat, June 1</i>	<i>WA State Combined Event Champs</i>	<i>Lake Stevens HS</i>	<i>9:00 AM</i>	<i>9:00 AM</i>